# BEFORE THE ARIZONA REGULATORY BOARD OF PHYSICIAN ASSISTANTS

In the Matter of

AMY J. LENOX, P.A.

Holder of License No. **3597**For the Performance of Healthcare Tasks In the State of Arizona.

Board Case No. PA-14-0122A

ORDER FOR LETTER OF REPRIMAND AND PROBATION; AND CONSENT TO THE SAME

Amy J. Lenox, P.A. ("Respondent"), elects to permanently waive any right to a hearing and appeal with respect to this Order for Letter of Reprimand and Probation and Consent to the Same; admits the jurisdiction of the Arizona Regulatory Board of Physician Assistants ("Board"); and consents to the entry of this Order by the Board.

#### **FINDINGS OF FACT**

- 1. The Board is the duly constituted authority for the regulation and control of physician assistants in the State of Arizona.
- 2. Respondent is the holder of License No. 3597 for the performance of health care tasks in the State of Arizona.
- 3. The Board initiated case number PA-14-0122A after a review of a related matter in which it was alleged that Respondent provided questionable care and prescribing management to SM, a 27 year-old patient.
- 4. On January 14, 2014, SM was seen at a clinic by Respondent. SM complained of headaches and knee pain, and reported that she could no longer travel to Phoenix, Arizona for pain management. In actuality, SM had recently been discharged from her previous pain management physician for violation of her treatment contract. During her visit with Respondent, SM requested a CT scan for her headaches and an orthopedic consult for knee pain. Respondent's review of systems documented

complaints of palpitations, cough, and joint pain, but Respondent failed to include any detailed discussion of these complaints in the patient's chart. Respondent's physical exam showed no abnormal findings, and the record does not show the performance of any focused examinations. Respondent diagnosed SM with knee pain, scoliosis, and visual disturbance. Respondent's plan included ophthalmology and orthopedic referrals as well as ordering x-rays of SM's knees and back. Respondent prescribed medications including oxycodone. Respondent did not document a discussion regarding why she chose to replace SM's previous pain prescription with oxycodone. Respondent prescribed Augmentin and Chantix for no documented reason or discussion. Respondent did not discuss or have SM sign a drug use contract, and did not perform drug screening at this visit.

- 5. On January 13, 2014, SM's refill requested for Fioricet with codeine and Xanax were denied. Respondent failed to document these medications at her first and only visit with SM.
- 6. On January 23, 2014, a prescription for Fioricet with codeine was approved and signed by Respondent.
- 7. On January 26, 2014, SM received #60 Xanax with a prescription written by Respondent on file at the pharmacy. On January 27, 2014, SM's refill request for Xanax was denied. On January 29, 2014, an entry was made in SM's chart with a request for refills of Xanax. SM also called the office on January 29, 2014 requesting an MRI head scan for persistent migraine-type headaches. An order was generated at that time.
- 8. On February 11, 2014, refills for Xanax, Fioricet with codeine, and oxycodone were all approved by Respondent's supervising physician. On February 28,

2014, SM's refill requests for Xanax and oxycodone were denied, and on March 3, 2014, SM's refill requests for Fioricet with codeine and Xanax were also denied.

- 9. On March 10, 2014, SM's refills for oxycodone #150, Fioricet with codeine, and Xanax were approved and provided by Respondent. One week later, Respondent approved a refill for Pro Air HFA with no apparent record or diagnosis supporting the prescription.
- 10. On March 18, 2014, a drug monitoring report revealed that SM was obtaining controlled substances from multiple providers. SM was informed that she would no longer receive controlled substances from the clinic. SM made several additional requests for refills that were denied. X-rays of the back and knees were reported as normal on April 14, 2014. SM was subsequently seen and followed by Respondent's supervising physician.
- 11. The standard of care requires a PA to perform an adequate history and physical to justify the treatment given. Respondent deviated from the standard of care by failing to perform an adequate history and physical to justify SM's treatment.
- 12. The standard of care requires a PA to document the reasoning for increasing the patient's pain medication dose. Respondent deviated from the standard of care by failing to identify the reason to increase the dosing of oxycodone at the first visit to a relatively high dose.
- 13. The standard of care requires a PA to document the reason or findings to support the prescriptions provided to the patient. Respondent deviated from the standard of care by authorizing refills for Xanax, Pro Air HFA, and Fioricet with codeine without documenting the reason or findings to support the prescriptions.

- 14. The standard of care requires a PA to discuss and obtain a drug contract with the patient for pain management treatment. Respondent deviated from the standard of care by failing to document or discuss a drug contract with SM for her pain management treatment.
- 15. Actual patient harm occurred in that Respondent facilitated unjustified use of very addictive medications, and SM's dependence on the medications was exacerbated.

### **CONCLUSIONS OF LAW**

- 1. The Arizona Regulatory Board of Physician Assistants possesses jurisdiction over the subject matter hereof and over Respondent.
- 2. The conduct and circumstances described above constitutes unprofessional conduct pursuant to A.R.S. § 32-2501(18)(j) ("[a]ny conduct or practice that is or might be harmful or dangerous to the health of a patient or the public.").
- 3. The conduct and circumstances described above constitutes unprofessional conduct pursuant to A.R.S. § 32-2501(18)(p) ("[f]ailing or refusing to maintain adequate records on a patient.").

#### **ORDER**

# IT IS HEREBY ORDERED THAT:

- 1. Respondent is issued a Letter of Reprimand.
- 2. Respondent's license is placed on Probation for six months and is subject to the following terms and conditions:

# 3. Continuing Medical Education

Respondent shall within 6 months of the effective date of this Order obtain no less than 15 hours of Board Staff pre-approved Category I Continuing Medical Education ("CME") in an intensive, in-person course regarding prescribing. Respondent shall within

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 thirty days of the effective date of this Order submit her request for CME to the Board staff for pre-approval. Upon completion of the CME, Respondent shall provide Board staff with satisfactory proof of attendance. The CME hours shall be in addition to the hours required for the renewal of licensure.

# 4. Obey all Laws.

Respondent shall obey all state, federal and local laws, all rules governing the performance of health care tasks in Arizona, and remain in full compliance with any court order criminal probation, payments and other orders.

#### 5. **Tolling**

In the event Respondent should leave Arizona to reside or practice outside the State or for any reason should Respondent stop performing healthcare tasks in Arizona, Respondent shall notify the Board's Executive Director in writing within ten days of departure and return or the dates of non-practice within Arizona. Non-practice is defined as any period of time exceeding thirty days during which Respondent is not engaging in the practice of medicine. Periods of temporary or permanent residence or practice outside Arizona or of non-practice within Arizona, will not apply to the reduction of the probationary period.

#### 6. **Probation Termination.**

Prior to the termination of Probation, Respondent must submit a written request to the Board for release from the terms of this Order. Respondent's request must be in writing and submitted at least 30 days prior to the date she would like the matter to appear before the Board. In doing so, Respondent must provide the Board with evidence establishing that she has successfully satisfied all of the terms and conditions of this Order. The Board has the sole discretion to determine whether all of the terms and conditions of this Order have been met and whether Respondent has adequately

demonstrated that she has addressed all of the issues identified in it. At that time, the Board shall determine whether it is appropriate to release Respondent from this Order or take any other action that is consistent with its statutory and regulatory authority.

21. The Board retains jurisdiction and may initiate a new action based upon any violation of this Order. A.R.S. § 32-2501(18)(dd).

DATED AND EFFECTIVE this. 3rd day of September, 2015.

ARIZONA REGULATROY BOARD OF PHYSIGIAN ASSISTANTS

Patricia E. McSorley
Executive Director

# **CONSENT TO ENTRY OF ORDER**

Respondent understands and agrees that:

- 1. Any record prepared in this matter, all investigative materials prepared or received by the Board concerning the allegations, and all related materials and exhibits may be retained in the Board's file pertaining to this matter.
- 2. Respondent has read and understands this Order as set forth herein, and has had the opportunity to discuss this Order with an attorney or has waived the opportunity to discuss this Order with an attorney. Respondent voluntarily enters into this Order and by doing so agrees to abide by all of its terms and conditions.
- 3. By entering into this Order, Respondent freely and voluntarily relinquishes all rights to an administrative hearing on the matters set forth herein, as well as all rights of rehearing, review, reconsideration, appeal, judicial review or any other administrative and/or judicial action, concerning the matters related to the Order.

- 4. The findings contained in the Findings of Fact portion of the Order are conclusive evidence of the facts stated herein and may be used for purposes of determining sanctions in any future disciplinary matter.
- 5. Respondent acknowledges and agrees that upon signing this Order and returning it to the Board's Executive Director, Respondent may not revoke her acceptance of this Order or make any modifications to it. Any modification of this original document is ineffective and void unless mutually approved by the parties in writing.
- 6. Respondent understands that this Order shall not become effective unless and until it is approved by the Board and signed by the Board's Executive Director.
- 7. Respondent understands and agrees that if the Board does not adopt this Order, she will not assert in any future proceedings that the Board's consideration of this Order constitutes bias, prejudice, prejudgment, or other similar defense.
- 8. Respondent understands that this Order is a public record that may be publicly disseminated as a formal action of the Board and will be reported to the National Practitioner's Data Bank and posted on the Board's web site as a disciplinary action.
- 9. Respondent understands that any violation of this Order constitutes unprofessional conduct under A.R.S. § 32-2501(18)(dd) ("[v]iolating a formal order, probation, consent agreement or stipulation issued or entered into by the board or its executive director.").
  - 10. Respondent has read and understands the conditions of probation.

AMY J. LENOX, P.A.

DATED: \_ 7/17/15

1	EXECUTED COPY of the foregoing mailed
2	this 2 day of September, 2015 to:
3	Amy J. Lenox, P.A.
4	Address of Record
5	ORIGINAL of the foregoing filed this לאלים day of <u>September</u> , 2015 with:
6	Arizona Regulatory Board
7	of Physician Assistants 9545 E. Doubletree Ranch Road
8	Scottsdale, AZ 85258
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10	Board Staff
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